

## XCA Waiver and Photo Release 2017-2018

I am aware that cheerleading, tumbling and fitness are vigorous activities that pose a risk of injury. I understand that cheerleading, tumbling, fitness and other related activities involve certain risks, including but not limited to death, serious neck and spinal injuries, and the injury of bones, ligaments and muscles. I also understand that mats and other safety equipment provided for the protection of me or my child, including the active participation of a coach or teacher who will spot or assist in the performance of certain skills, may be inadequate to prevent serious injury.

I understand that participation in cheerleading, tumbling, fitness and other related activities involve activities incidental to active participation in the aforementioned activities including moving from event to event, conditioning, stretching and other activities which may leave myself or my child vulnerable to accidental or reckless action of other participants who may not have complete control over their actions and may not be aware of other students in the facilities. The participation of me or my child is voluntary with the knowledge of risks involved and I hereby accept any and all inherent risks of property damage, personal injury or death.

In consideration of my, or my child's participation at Xtreme Carolina Athletics, I hereby release and covenant not to sue Xtreme Carolina Athletics, the owners thereof, staff for other agents from any and all present and future claims resulting from ordinary negligence on the part of Xtreme Carolina Athletics, or other listed for property damage, personal injury or wrongful death arising as a result of engaging in or receiving instruction in cheerleading, tumbling, fitness or other activities incidental to my, or my child's participation in the Xtreme Carolina Athletics program. I hereby voluntarily waive any and all claims resulting from ordinary negligence, both present and past, that may be made by me or others on behalf of me or my child.

I further agree to indemnify and hold harmless Xtreme Carolina Athletics and the staff, from any and all claims rising as a result of engaging in or receiving instruction in cheerleading, tumbling, fitness or any other related activity incidental to my, or my child's participation.

I understand that this waiver is intended to be as broad and as inclusive as permitted by the laws of the State of North Carolina and agree that if any portion is held invalid, the remainder of the waiver will continue in full force and effect.

In the event of an accident involving myself or my child, I hereby release the staff of Xtreme Carolina Athletics to render any first aid to my child, and if deemed necessary, to seek medical assistance, including transportation by a staff member or ambulance to a health care facility or hospital.

I understand that I must have, and will continue to provide proper hospitalization, health and accident insurance coverage for myself or my child.

I affirm that I am of legal age and am freely signing this agreement. I have read this form and understand that by signing it below, I am giving up the legal rights and/or remedies which may be available to me for the ordinary negligence of Xtreme Carolina Athletics 2555 Wendell BLVD, Wendell, NC 27591, and the staff thereof.

**Health Insurance Company:** \_\_\_\_\_ **PolicNumber:** \_\_\_\_\_

\_\_\_\_\_  
Signature of Parent/Guardian

\_\_\_\_\_  
Participant's Name

\_\_\_\_\_  
Date

### PHOTO/VIDEO WAIVER

XCA is excited to showcase their talented athletics to the public by publishing photos to local newspaper, posting pictures on website and social media internet pages. We are constantly taking pictures and videos during practices so our athletes can view their accomplishments and to critique their skills. We also like to share extra activities like social events, etc with our families. We will not post any names of our learners but we do like to post what they are learning in our gym, in flyers / brochures, and on the web.

Our website is [www.xcacheer.com](http://www.xcacheer.com)

### PHOTO VIDEO RELEASE

At times photographs and videos will be taken during classes, events, and other activities. By signing below, I agree that Xtreme Carolina Athletics LLC, shall retain all rights to use for publicity and/or advertising purposes any and all photographs and/or videos of participants taken at any/all events or activities that may include your child.

\_\_\_\_\_  
Signature of Parent/Guardian

\_\_\_\_\_  
Participant's Name

\_\_\_\_\_  
Date